

## | Ticket to Hope Helps Iowans Still in Need

As you are aware, Project Recovery Iowa, which provided mental health services to more than 150,000 Iowans affected by the 2008 natural disasters, concluded on September 30. As this program ends, it is important for all of us who supported Project Recovery Iowa to understand that there is still a real need for mental health assistance for many of those who were affected.

| A new program, Ticket to Hope, is a service to help those Iowans who might benefit from professional mental health services. It is extremely important to provide clear and accurate information to those needing our help.

To assist you in understanding the Ticket to Hope program, here are some points to remember:

- Just like Project Recovery Iowa, Ticket to Hope services are FREE to those who are eligible.
- Those who received services from the Project Recovery Iowa program may also receive services via Ticket to Hope if they meet the eligibility requirements.
- Ticket to Hope is available to any Iowan meeting the following criteria:
  - Mental health or co-occurring mental health and substance abuse counseling sessions are needed in part due to the impact of the 2008 disasters.
  - The individual lacks health insurance, has no mental health benefits or has maximized their mental health plan benefits.
- What Will Ticket to Hope Provide?
  - Up to eight (8) authorized 45-50 minute sessions with a participating mental health provider.
  - No cost to the individual or family for these authorized sessions.
  - Individuals can choose a mental health provider from a list of providers who have agreed to participate, or they can request that a provider become a participating provider.
  - The Ticket to Hope program will be available through June 30, 2010.
- Participants can access the Ticket to Hope program by contacting the Iowa Concern Hotline at **800-447-1985**. If they are eligible for the program, a packet of information, including authorizations for mental health counseling visits, will be mailed to them.
- For more information, please visit [www.tickettohope.org](http://www.tickettohope.org)