

TAKE THE FIRST STEP

Be Prepared

Make an Emergency Supply Kit
Include the Following Items

- Water– at least one gallon per person per day for at least 3 days
- Food– at least a 3 day supply
- First aid kit
- Prescription medications
- Battery-powered radio
- Flashlights
- Extra batteries
- Can opener
- Bedding for each person
- Personal hygiene items
- Dust mask or cotton T-shirt for each person to help filter the air
- A whistle to signal for help
- Waterproof container to store important documents

For Additional Information Contact
The Scott County Health Department
(563) 326-8618
www.scottcountyiowa.com/health

