

MILLS COUNTY PUBLIC HEALTH

PO Box 209, 101 Central St., Ste B11, Glenwood, IA 51534 (712) 527-9699 (712) 527-4711 www.mcph.millscoia.us



Public Health
Prevent. Promote. Protect.

MILLS COUNTY COMMUNITY RESOURCES – 4/27/10

Family Crisis and Support Network – 1-866-647-9596

FCSN is a not-for-profit agency offering free and confidential services to Southwest Iowa victims of crime including domestic violence and sexual assault. Services include, but are not limited to, court advocacy, medical advocacy, safe home/shelter, law enforcement advocacy, referrals, resources, and counseling. This organization is the Mills County contact for the Iowa Coalition Against Sexual Assault (IowaCASA) www.iowacasa.org. Hours: 24/7 Payment: Services provided free of charge

Hope Counseling – 712-527-3030, Brett Phillips, LISW, 1201 S. Locust, Glenwood, IA, Confidential Services, Payment - Accepts Insurance, Iowa Medicaid, Financial Assistance Available

Whispering Pines Counseling, LIt – 712-527-2102

Deb Pfeiffer, MSW, LISW, 211 N. Vine St., Glenwood, IA 51534

Confidential Services, Payment-Accepts Insurance, Iowa Medicaid, No Sliding Fee

Choices Counseling – 712-328-3700 - Ron Barube, MS, LMHC Confidential Services, Payment - Accepts Insurance, No Sliding Fee Available

Kathy Bustos, Counseling – 712-527-9991 Certified Bio-feedback Therapist, Confidential Services, Payment - Accepts Insurance, No Sliding Fee

Alegent Health, Counseling Services – 712-527-3699, Michael McGargill, MS, LMHC; Confidential Services, Payment – Accepts Insurance, Medicaid, No Sliding Fee

Mills County Public Health – 712-527-9699

Julie Lynes, LBSW, MA, Support, resource and referral - Free and Confidential

Jill McAleer, Victim Coordinator, Mills County Attorney's Office – 712-527-5233, Free and Confidential

Phoenix House – Vicky Lynn Anderson - 712-256-2059 Ext. 3, www.phoenixhouse.org
Domestic Abuse/Sexual Assault – short-term counseling, resource & referral, Group or community presentations, Free and Confidential.

Catholic Charities Family Crisis Hotline – 1-888-612-0266

Resource and referral for any family crisis. Free & Confidential

Project Harmony – 1-402-595-1326 www.projectharmony.com

Counseling referrals for abuse issues, family advocates available – Free & Confidential Services

ReachOut, 1-800-273-8255, www.Reachout.com

Free On-line resource for teens getting through tough times and 24 hr hotline

Iowa Teenline 1-800-443-8336 (24/7 hotline)

When you just don't know who to talk to, Teenline can help – information and 24/7 hotline for any topic affecting teens. TDD Hotline: 1-800-735-2942, www.extension.iastate.edu/teenline/

Centering Corporation – 1-866-218-0101

Non-profit organization dedicated to providing education on grief and loss for professionals and the families they serve. www.centering.org

Iowa Substance Abuse Information Center – 1-866-242-4111

Free and confidential access to treatment providers and prevention programs; Find the answers to your questions related to substance abuse, mental health or problem gambling.
<http://www.drugfreeinfo.org/>

Alcoholics Anonymous – Council Bluffs – 712-328-9979, Free & Confidential

West Central Development Corporation – 712-624-8172

Low income energy assistance, weatherization, Senior Aide employment and training, outreach with food pantry, clothing room and emergency food and shelter.

HOTLINE #'S

Crime Victims Hotline: 1-866-689-HELP (4357)

Rape and Sexual Assault Hotline: 1-800-656-4673

National Suicide Prevention Lifeline: 1-800-273-TALKS *8255

TDD Phone Number for all Hotlines: 1-866-604-5350

Child and Dependent Adult Abuse Hotline – 1-800-362-2178

Domestic Abuse, Sexual Assault and Violence – HELP! – 1-800-696-5123

Bets Off Problem Gambling Line –1-800-238-7633

Iowa Coalition Against Domestic Violence –1-800-942-0333

Girls & Boys Town National Hotline – 1-800-448-3000

Crisis Intervention, Resource & Referral

Malvern Community Schools/East Mills High School

Carrie Currin, Counselor, Work- 624-8645, Cell or Text – 402-960-9721

Sarah Engelhardt, School Psychologist, AEA 13, Work – 624-8645, Cell 402-658-6300

Pastor Carl Phillips, Malvern United Methodist Church

Church – 624-8320 Home – 624-8573

Pastor John Rutz, St. John's Lutheran Church, Hastings

Church/Home – 624-8891

Pastor Mike Stevens, Hillsdale/Silver City United Methodist Church

Church – 525-1057 Cell – 402-669-3526

Legal Aide for Iowa - 1-800-432-9229 (Under age 60) – 1-800-532-1275 (age 60+)

This list is not inclusive of all services available but is intended to provide a starting place for anyone needing assistance. Updates to this list will be available on our website www.mcph.millscoia.us. Sheri Bowen, Agency Administrator, 527-9699, sherib@mcph.us.